

MONDAY

BREAKFAST: Cereals with fruit or herbal tea

SNACK: Fruit

LUNCH: Soup, chicken steamed with white rice and salad

AFTERNOON SNACK: Pancake with jam and milk



TUESDAY

BREAKFAST: Semolina porridge with white bread and cheese

SNACK: Fruit

LUNCH: Soup, meatballs with pasta and salad

AFTERNOON SNACK: Home baked pastry with fruit or herbal tea



WEDNESDAY

BREAKFAST: French toast with hot chocolate

SNACK: Fruit

LUNCH: Soup, goulash with mashed potato and salad

EVENING SNACK: Fruit or herbal tea with biscuits



Menu

THURSDAY

BREAKFAST: Vegetable omelet with yogurt

SNACK: Fruit

LUNCH: Soup, chicken cutlet with rice and salad

AFTERNOON SNACK: Pastry rolls with cheese



FRIDAY

BREAKFAST: Oats with banana and fruit or herbal tea

SNACK: Fruit

LUNCH: Soup, steamed salmon with homemade potatoes puree and salad

AFTERNOON SNACK: Homemade mini pizza

